

LIFEWAVE®

A Personal Message from...
Health & Science Dir, Dr. Steven Haltiwanger, MD,CCN



Dear LifeWave Family Members,

We recently completed a new study on the effects of combining the Y-Age patches on skin quality, and I'm so excited by the results we have seen. Over the years, we have done many studies on individual patch products, but this is the first time we have taken a look at the synergistic effect three patches can have together.

As the results of this study demonstrate, the individual elements of the Y-Age system truly do work as a *system*, for a dramatically positive overall effect. Aeon works as an anti-inflammatory agent and decreases the body's levels of oxidative stress. Glutathione and Carnosine function as antioxidants. Now, we normally think of antioxidants as agents that protect against attack by free radicals, but they also have other beneficial effects, such as supporting protein synthesis. An improvement in skin requires that old, worn cells be replaced with fresh cells, which requires protein synthesis.

All this means that these three components working together create a powerful effect for skin improvement, as demonstrated by our Y-Age skin study results. Subjects wore Glutathione and Aeon together during the day, for 12 hours a day, and wore Carnosine at night. With this protocol, we observed significant improvements in skin pigmentation, skin texture, hydration and skin quality. In fact, we noted that the average repair in damaged skin increased by 300 percent by the end of this 12-week study! Ultimately, I was very excited to see that the physiological effects of the patches can be demonstrated so obviously.

We are looking at continuing this research in other studies to further evaluate the Y-Age System, but we are thrilled with the significant anti-aging effects we have seen so far. I look forward to seeing the combined effects of these powerful products unfold in future research.

Sincerely,

Steven Haltiwanger

Dr. Steven Haltiwanger MD,CCN
LifeWave Health & Science Director
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