

## Environmental Toxins

Chemicals in plastics and other products seem harmless, but mounting evidence links them to health problems — and Washington lacks the power to protect us

<http://www.time.com/time/specials/packages/completelist/0,29569,1976909,00.html>

Read more:

By [Alice Park](#) Thursday, Apr. 01, 2010

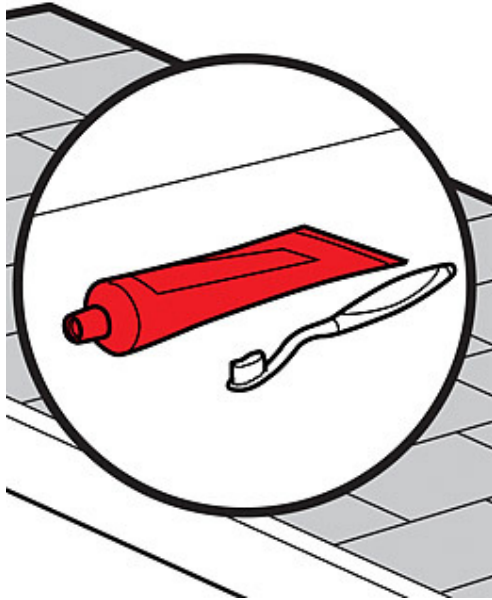


Illustration by Jason Lee for TIME

**What It Is:** A form of the basic element fluorine

**Found In:** Toothpaste, tap water

**Health Hazards:** Neurotoxic and potentially tumorigenic if swallowed; the American Dental Association advises that children under 2 not use fluoride toothpaste

**What You Should Know:** Government studies support current fluoride levels in tap water, but studies on long-term exposure and cancers are ongoing

Read more:

[http://www.time.com/time/specials/packages/article/0,28804,1976909\\_1976895\\_1976898,00.html#ixz011KqVV17](http://www.time.com/time/specials/packages/article/0,28804,1976909_1976895_1976898,00.html#ixz011KqVV17)

### Top 10 Common Household Toxins

1. [The Hazards Lurking at Home](#)
2. [Bisphenol A \(BPA\)](#)
3. [Oxybenzone](#)
4. [Fluoride](#)
5. [Parabens](#)
6. [Phthalates](#)
7. [Butylated Hydroxyanisole \(BHA\)](#)
8. [Perfluorooctanoic Acid \(PFOA\)](#)
9. [Perchlorate](#)
10. [Decabromodiphenyl Ether \(DECA\)](#)

Source Time Magazine