

## **Spring is the time to give your home a refresh**

When spring arrives many of us get the urge to do a spring clean!

If you are one of these people then maybe you would like to use some essential oils to give your house a new lease of life.

I recommend two therapeutic grade essential oils to help disinfect your home and make it smell good.

**Purification** cleanses and disinfects the air giving your home a clean, fresh scent. This blend neutralizes disagreeable odors such as mildew, cigarette smoke, and any other undesirable scent you want to get rid of.

**Citrus Fresh** this oil adds a clean, fresh scent to your home and it is also very calming. You can enjoy the fresh scents of these oils by diffusing them for 15 to 30 minutes. You can also try putting 4 – 8 drops on a cotton ball and locate on vents. This will quickly help the aroma to spread throughout your home. Another trick is to add 2 drops to a wet cloth and put it in your clothes dryer. However you decide to use these oils, the entire feel of your home will improve as it smells better.

Both of these oils are available through:

<http://www.youngliving.org/marilynvine>

or you can contact me on [healthymoneyvine@gmail.com](mailto:healthymoneyvine@gmail.com)