

Got Mold? Now What? Hope for Health and Home! Dr. Margaret Christensen and Carpathia

Collaborative Overview of Toxic Mold and Biotoxin Illness

Unfortunately, exposure to toxic molds from water damaged buildings [WDBs] is very common and completely underdiagnosed. At least 50% of homes and 60% of commercial buildings have had some kind of water issue—churches, schools, dorms as well as office buildings, and don't forget your car!

With at least 20% of the population being susceptible to mycotoxin illness, no wonder there's an epidemic of chronic mystery illnesses occurring!

These toxic molds aren't the same kinds found in outdoor environments; these feed on paper, wood and organic materials. They like humid, moist air and dark, warm places (behind water heaters, under refrigerators and sinks). Because of "tight" building construction, the overuse of fungicides and electro-smog EMFs from wireless devices, we're seeing more toxic mold species producing mycotoxins. So much that even high humidity (>50%) environments can create mold growth in 4872 hours.

Symptoms and Illnesses Caused by Toxic Mold Exposure:

Mold/Biotoxin illness may present in many ways, often with some kind of pain or inflammation, in almost any area of the body:

- Chronic recurrent upper respiratory and sinus infections
- Chronic headaches/migraines
- Severe chronic fatigue or ongoing flu-like symptoms
- Fibromyalgia (tender, sore muscles)
- Neurological issues (tremors, neuropathy, brain fog, ADD, learning issues, etc.)
- Neuro-degenerative diseases (Parkinson's, MS, ALS, Alzheimer's and other dementias)
- Severe gut symptoms (IBS, Crohn's, ulcerative colitis, SIBO/SIFO)
- Autoimmune disorders (thyroid, Hashimoto's, psoriasis, rheumatoid arthritis, eczema, hives)
- Multiple chemical sensitivities and histamine intolerance (rashes and hives)
- Night sweats (common in men of all ages, as well as women)
- Psychiatric symptoms (anxiety, depression, panic attacks, bipolar symptoms, psychosis)
- Severe sleep disturbances
- Recurrent interstitial cystitis, bladder infections and frequent urination
- Hormonal imbalances (adrenal and thyroid hormones)
- Infertility, heavy periods and cramps, endometriosis, PMS, PCOS
- Cardiovascular disease
- Lyme and co-infections, including viral infections like EBV, HHV6,
- Cancer (especially hormonal, leukemias/lymphomas and bladder/kidney)
- Children (chronic ear, throat and upper respiratory infections, asthma, allergies, ADD/ADHD, sleep, irritability, bedwetting).

Information supplied by
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See information below on Young Living's amazing Thieves products.

Thieves Essential Oil and Thieves Household Cleaning helps in controlling mold especially black mold. See the natural cleaning products available.

https://www.youngliving.com/en_AU/products/c/at-home/natural-cleaning

Thieves Essential Oil



Thieves® essential oil is a powerful combination of Clove, Lemon, Cinnamon, Eucalyptus Radiata, and Rosemary essential oils for an aromatic blend that fills any space with a rich, spicy aroma. Inspired by the legend of four 15th-century French thieves who formulated a special aromatic combination composed of clove, rosemary, and other botanicals used while robbing the dead and dying, Thieves is one of Young Living's most popular products.

With the benefits of Thieves oil including cleaning power and an irresistibly spicy scent, Young Living offers it as an essential oil blend and as an important ingredient in a full range of home cleaning and personal care products, from dish soap to toothpaste. Looking to make your home smell as clean as it looks? Diffuse Thieves oil throughout the house for an aroma that makes every room smell more like autumn baking than harsh cleaning formulas.