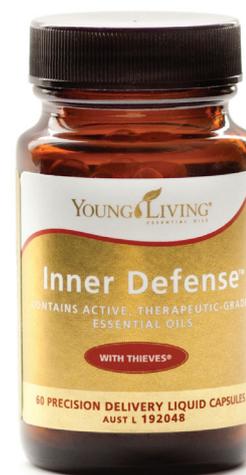


INNER DEFENSE™ PRODUCT INFORMATION PAGE



Product summary

Containing potent essential oils like oregano, thyme, and Thieves®, Young Living's Inner Defense liquid capsules are designed to support well-being by strengthening the immune system.

The effects of today's modern lifestyle can be damaging to your health. Every day, you are exposed to hundreds of different chemicals that cause harm to your body. Antioxidants are tiny molecules that act as the body's first line of defence against such damage. Inner Defense is an antioxidant-rich supplement, which supports healthy immune function.

Primary benefits

- Liquid capsules dissolve quickly
- Contains helpful antioxidants
- Protects against free radical damage

Who should take Inner Defense?

- Those with stressed body systems*

Suggested use

- Adult dose: Take two liquid capsules daily in the morning

Key ingredients

Clove, oregano, thyme, lemongrass, lemon, *Eucalyptus radiata*, rosemary, and cinnamon bark essential oils.

Cautions

- Keep out of reach of children
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Did you know?

- Inner Defense contains Young Living's proprietary Thieves® essential oil blend
- Oregano essential oil is rich in carvacrol, an antioxidant known to support well-being.

Key scientific studies

- Didry, et al. Activity of thymol, carvacrol, cinnamaldehyde and eugenol on oral bacteria. *Pharm Acta Helv.* 1994; 69(1):25–28.
- Zheng GQ, et al. Sesquiterpenes from clove (*Eugenia caryophyllata*) as potential anticarcinogenic agents. *J Nat Prod.* 1992; 55(7):999–1003.
- Youdim, et al. Dietary supplementation of thyme (*Thymus vulgaris* L.) essential oil during the lifetime of the rat: its effects on the antioxidant status in liver, kidney, and heart tissues. *Mech Ageing Dev.* 1999; 109(3):163–175.

Product information

Inner Defense — 60 precision delivery liquid capsules
Item No. 329502

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.