

## Ho'oponopono Prayer being used to heal Gulf Oil Spillage

[Marilyn has given this document this name as I recognized the prayer. Below the article I will post the full Ho'oponopono Prayer. This is very powerful and the contents below should not be disregarded as being of no consequence.]

The situation with the oil spill in the Gulf is certainly affecting everyone.

Here's something you can do to make a difference – it only takes a moment.



Today, we invite you to join together, to leverage our genius and the power of love to transmute the destructive forces of ignorance, greed and separation that are at play in the Gulf of Mexico ... and beyond.

Dr. Masaru Emoto - author scientist, and humanitarian - has shared a brief, yet powerful prayer and we are passing it along here as a focal point, a space of conscious creation allowing us to move past fear, judgment and retribution into Unity, Harmony and Wholeness. This prayer is structured using Ho'oponopono and is directed initially at WATER - the element connecting ALL Life on the plane . Water ... the carrier of Spirit and the flow-er of Love!!!

### Dr. Masaru Emoto's Healing Prayer for the Gulf:

**"I send the energy of love and gratitude to the water and all the living creatures in the Gulf of Mexico and its surroundings.**

**To the whales, dolphins, pelicans, fish, shellfish, plankton, coral, algae, and all living creatures . . .**

**"I'm sorry,**

**Please forgive me,**

**Thank you,**

**I love you. "**

and these words from the person who originally forwarded this prayer and invitation to us:

"We are passing this request to people who we believe might be willing to participate in this prayer, to set an intention of love and healing that is so large, so overwhelming that we can perform a miracle in the Gulf of Mexico.

We are not powerless. We are powerful. Our united energy, speaking this prayer daily...multiple times daily....can literally shift the balance of destruction that is happening.

We don't have to know how.....we just have to recognize that the power of love is greater than any power active in the Universe today.

Please join us in oft repeating this healing prayer of of Dr. Emoto's. And feel free to copy and paste this to send it around the planet. Let's take charge, and do our own clean up!

And so it is! Pass it on."

### Explanation of the Prayer

First, this is the prayer Mornah (the creator of this new process) said to help heal hundreds if not thousands of people. It's simple but powerful:

*"Divine creator, father, mother, son as one ...  
If I, my family, relatives and ancestors have offended you, your family, relatives and ancestors in thoughts, words, deeds and actions from the beginning of our creation to the present, we ask your forgiveness ...  
Let this cleanse, purify, release, cut all the negative memories, blocks, energies and vibrations and transmute these unwanted energies to pure light ... And it is done."*

Second, the way Dr. Hew Len likes to heal is to first say

"I'm sorry" and "Please forgive me."

You say this to acknowledge that something - without you knowing what it is - has gotten into your body/mind system. You have no idea how it got there. You don't need to know, either.

If you are overweight, you simply caught the program that is making you that way. By saying "I'm sorry," you are telling the Divine that you want forgiveness inside yourself for whatever brought it to you. You're not asking the Divine to forgive you; you're asking the Divine to help you forgive yourself.

From there, you say "I love you" and "Thank you."

The "I love you" transmutes the energy from stuck to flowing. It reconnects you to the Divine. Since the zero state is one of pure love, and has zero limits, you are beginning to get to that state by expressing love. When you follow that statement with "Thank you," you are expressing gratitude. You are showing your faith that the issue will be resolved for the highest good of all concerned.

What happens next is up to the Divine. You may be inspired to take action of some sort. Whatever it is, do it. If you aren't sure about the action to take, use this same healing method on your confusion. When you are clear, you'll know what to do.

The above is a simplified version of the modernized ho'oponopono key methods of healing.