

## Home and Environment - Protection

Use the following Young Living products to protect your home and environment (based upon their availability in your market):

- **Longevity: 1–2 capsules twice daily**
- **Melrose: 6–20 drops per capsule or in yogurt 1–3 times a day**
- Super C\*: 1–2 tablets daily
- Thyromin\*: 1 capsule three times a day
- ICP\*: 1 to 2 teaspoons in the morning
- JuvaPower\*: 1–2 teaspoons at night
- Endoflex\* and Digize\*: 1–2 capsules daily
- NingXia Red: 4–6 oz. daily
- Detoxyme\*: 3–5 capsules at night
- Allerzyme\*: 1–2 capsules three times a day
- Essentialzyme\*: 1 capsule three times a day

Drink three liters of water daily

\*These products may not be available in all markets.

## Safeguarding the Home

Gary Young, founder of Young Living Oil, says that Mary (his wife) and he will be taking several steps to safeguard their home with the powerful air-purifying and DNA-protecting properties of Young Living essential oils, and he recommend that you do the same.

- Use a Young Living diffuser, coupled with the following oils, in the rooms of your home over the coming days and weeks. Diffuse a combination of:
  - ❖ Melrose,
  - ❖ Sacred Frankincense,\* and
  - ❖ Purification\* essential oils.

Combine the oils in pairs when diffusing (for example, Melrose with Sacred Frankincense or Sacred Frankincense with Purification).

- Melrose is a particularly powerful blend because it contains two melaleuca oils that may protect cells from radiation damage, according to Dr. Daniel Penoel in *l'aromathÃ©rapie Exactement*.
- Another sensible precaution is to wear an inexpensive dust mask saturated with the above oils while you are outside or travelling.
- A further step Mary and I are taking to protect our environment is burning frankincense resin—an ancient method of purifying the air—throughout our house.

While science has not yet made a demonstrable link between diminished radiation effects and essential oils or resin burning, I believe in doing everything possible to protect my family using natural means.

In addition to the above recommendations, I have created a new kit called **DuoShield** (#4563). **DuoShield** (go to <http://www.youngliving.org.marilynvine> and see products – most countries you will have to order Melrose Essential Oil and Longevity (nutritional) separately) combines two potent Young Living products: Melrose and Longevity. These products may have a synergistic, protective effect on your hormonal and immune systems, and I recommend sending this kit to friends and family in Japan, as well as using them personally in your home.

It is not my intention to alarm anyone or cause undue concern over the developing situation in Japan. However, I strongly believe in being proactive and using readily available resources at our disposal to safeguard our health and those we love. I also feel that this recent disaster could be viewed as a wake-up call to all of us about the radiation that surrounds us all the time and the methods that we can use to protect us from it.

The Young Living executive team and I will continue to closely monitor developments in Japan, and we will provide updates and additional information as the picture becomes clearer.

Sincerely,

D. Gary Young  
Young Living  
President and Founder

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