



## Nutrition Therapy Protocols, How-To Videos, Full-Text Papers

Here they are, all free access:

### **DNA Damage**

Effect of Vitamin C and Anti-oxidative Nutrition on Radiation-induced Gene Expression in Fukushima Nuclear Plant Workers [http://www.doctoryourself.com/Radiation\\_VitC.pptx.pdf](http://www.doctoryourself.com/Radiation_VitC.pptx.pdf)

Video by Dr. Yanagisawa et al: ***Vitamin C proven to help protect Fukushima victims from radiation:*** <https://www.youtube.com/watch?v=tJJGZ12kDDQ>