

Essential Oils – Such a Powerful Modality

In the past 24 hours (25 May 2010) I have had three different news articles on essential oils cross my computer.

I am already a strong stalwart of the use of essential oils and in my own personal life I use several on a daily basis for many different reasons.

The more I personally experience the power of these oils the more oils I am introducing into my life with great results!

I belong to a company that provides therapeutic grade essential oils. Because of the high calibre of these oils it is possible for some of them to be taken internally i.e. via drops into liquid or via capsules. Some of them can be applied directly to the skin for great results.

Most of the oils I personally use are applied to the soles of my feet, some to my temples and back of the neck to help with memory and another in the palm of my hand for abundance!

If you would like to receive information on these wonderful essential oils then please contact me at healthymoneyvine@gmail.com.

In the meantime you might like to read the following articles. The first article on Frankincense I am extremely excited about. I have known for many years that Frankincense can help with cancer.

In April 2010 I attended a seminar conducted by my essential oil supplier. We had an American presenter who had just returned from Oman where he and the founder had been gathering Frankincense from the Boswellia sacra tree. I understand that in 2011 this more powerful form of Boswellia will be used in the production of Frankincense. I am looking forward to hearing of its release date.

Frankincense is not a cheap essential oil to purchase and if you are offered Frankincense at a very low cost then you are not getting good value for your money and in fact there may be very little Frankincense contained in the product.

It is really important when using essential oils that you purchase from a reputable company with high integrity and quality control standards.

The company I am with in fact grows many of their own herbs to harvest their oils from and I am reading all the time that they are increasing their farming practices in various parts of the world to include more and more oils.

It is not hard to see from what I write that I am totally ecstatic with the results I am getting from my personal use of the oils.

Understanding the Power contained in Essential Oils

Many of you will be aware of the power of essential oils; however, some of you may just be starting to understand.

The human body works on vibrations and essential oils also work on vibration or frequencies.

The normal frequency for the human body ranges between 62-78 MHz. When this frequency falls to 58 MHz or lower you will find that the person is now susceptible to disease. Therapeutic Grade Essential Oils can help promote your cells to resonate and thus increase vibration for all of the body to enable homeostasis to return to all systems.

Therapeutic grade essential oils start at 52 MHz and can range as high as 420 MHz which is the frequency of therapeutic grade Rose oil. I understand that essential oils of Wintergreen and Birch have a frequency of 52 MHz which is the same frequency for human bones. Cancer has a frequency of 42 MHz and the common cold 58 MHz and Epstein Barr is also around the 52 MHz mark.

Click on this YouTube and see the power of resonance and vibration

<http://www.youtube.com/watch?v=hiHOqMOJTH4&feature=related>

Frankincense (tree sap) may be a cure for cancer

Monday, May 03, 2010 by: Ethan A. Huff, staff writer

(NaturalNews) Frankincense may bring to mind thoughts of the three wise men, one of whom brought this valuable tree sap as a gift for the newborn baby Jesus. According to recent research, this ancient commodity, long considered to be worth its weight in gold, may actually be a cure for cancer.

Jeremy Howell, a reporter at the BBC, recently set out on a trek to learn more about frankincense and to find out whether or not the time-honored substance truly has anti-cancer characteristics. After an 11-hour drive from Oman's capital, Muscat, Howell arrived in the country's "Land of Frankincense" where he quickly discovered some fascinating things about frankincense.

Frankincense is sap derived from a tree called *Boswellia sacra* that grows in the Dhofar region of Oman. The warm winters and rainy summers there create perfect conditions for the tree, which grows wild all over the region.

http://www.naturalnews.com/028704_frankincense_cancer.html

Find Hair Loss Help through Homeopathy, Aromatherapy and Folk Remedies

Monday, May 17, 2010 by: Fleur Hupston, citizen journalist

(NaturalNews) Natural cures for hair loss have been around for centuries and are generally very effective. Conventional treatments for alopecia include topical steroids and synthetic substances which have damaging side effects. Try age-old natural treatments instead to prevent thinning and to stimulate hair growth.

http://www.naturalnews.com/028800_hair_loss_homeopathy.html

Just a word of warning with the above article where they speak of aromatherapy: **Citrus oils can be photosensitive and if you use this remedy then make sure that you wear a hat when you go out in the sun otherwise you could find your head getting burnt.**

Lavender Alleviates Symptoms of Migraine Headaches

Saturday, May 22, 2010 by: Susan Kay-Lavery, citizen journalist

(NaturalNews) Gentle and soothing, the common herb lavender has strong analgesic effects useful for treatment of migraines and migraine-related depression. Migraine headaches are a neurological condition accompanied by debilitating and excruciating pain. Migraine sufferers often experience "missing time" for hours or days, are unable to function at full capacity and experience blinding pain from which there is little relief. Migraine headache symptoms such as fogginess, cognitive loss, confusion and visual symptoms often linger long after the headache has resolved. Strong, pain killers may be prescribed as migraine cures, including narcotics, which leave the person groggy and befuddled.

http://www.naturalnews.com/028842_lavender_migraines.html

Lemon grass halts headaches much like aspirin

Tuesday, May 18, 2010 by: Ethan A. Huff, staff writer

(NaturalNews) Popping an aspirin or an ibuprofen to relieve a headache has become commonplace in the industrialized world, but there are actually natural plants and herbs that are capable of helping to relieve pain as well. Lemon grass is a great example of this, as researchers from Griffith University recently released the results of a five-year study on the plant showing that it is capable of relieving headaches and migraines.

Indigenous Australians have long used lemon grass as a traditional medicine, and modern medicine is finally catching on to its therapeutic power. And in the recent study published in the journal, *Evidence-based Complementary and Alternative Medicine*, lemon grass was found in tests to inhibit the clumping of human blood platelets in a similar fashion to the way aspirin does.

http://www.naturalnews.com/028811_lemon_grass_headaches.html

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