

Beware of Household Chemicals!

Are Hidden Household Chemicals Hurting Your Family?

By Health Wise founders Joe & Thelma Clementi

- **The E.P.A.** Reports the nation's worst pollution is inside our homes. A number of homes tested have toxic chemical levels 70 times higher inside the home than outside.
- **The Consumer Product Safety Commission** connects 150 man made chemicals in our home care products to Allergies, Birth Defects, Cancer, And Psychological Abnormalities.
- **The National Center for Health Statistics** reports Asthma, Respiratory Problems & Childhood Allergies have increased 50% (FIFTY PERCENT) in the past seven years.
- **The Harvard School of Public Health** warns, Formaldehyde & Phenol cause headaches, depression, joint pain, chronic fatigue, chest pains, ear infections, dizziness, and loss of sleep, cancer, can deactivate the sensory nerve endings, damage the liver and kidneys, and central nervous system
- **The Mayo Clinic** warns, Formaldehyde in our household and personal care products can irritate the respiratory system, cause skin reactions, and trigger heart palpitations.
- **The President's Toxic Substances Strategy Committee** warns 90% of all cancers are triggered by toxic chemicals in our environment.
- **The National Institutes of Health** Reports the 2nd leading cause of death in children aged 5 to 9 is Cancer.
- **The E.P.A.** warns toxic chemicals in household cleaners cause women working at home to have a 55% Higher Cancer Rate than women working outside the home.

Government Protection, Where is it?

HAZARDOUS CHEMICALS are defined by The Environmental Protection Agency as either Acute or Chronic.

1. **Acute Hazard:** Including irritant, sensitizer, toxic, highly toxic, corrosive chemicals that cause an adverse effect to a target organ, which effect occurs rapidly as a result of short term exposure.
2. **Chronic Hazard:** Including carcinogens (cancer causing agents) and other chemicals that cause an adverse effect to a target organ, which effect occurs as a result of long term exposure.

HAZARDOUS CHEMICAL means any hazardous compound defined in The Federal Code of Regulations. EXCEPT that the term **HAZARDOUS** does not apply to any substance used in a product **designed for personal, family or household purposes.**

Federal Code of Regulations: *Title 29. Section 1910.1200(c)*

This means, a Company can develop and market personal care & household products, containing HAZARDOUS CHEMICALS & the government does not consider the ingredients HAZARDOUS.

1. "Hazardous Chemicals in Household Products" is the only category not regulated by a Government agency.
2. The Federal Code of Regulations also exempts companies from listing Hazardous Chemical Ingredients on their product labels:

Federal Code of Regulations: *Title 16 Section 1500.82 & Section 2(q)(1)(A)*

(This can best be explained by saying that if a manufacturer does not wish to list HAZARDOUS ingredients on the product container, the manufacturer is exempt from full label compliance.)

A Sampling of Products That Contains Hazardous Chemicals
 ~ ~ **Which are NOT LISTED ON THE LABELS** ~ ~

DOVE: Beauty Bar

QUATERNIUM 15: (Formaldehyde)
 Carcinogen, Causes Dermatitis.
 Neurotoxin, Sensitizer

BUTYLATED HYDROXYTOLUENE: (BHT) Carcinogen.

JOHNSON'S: Baby Conditioning Shampoo

QUATERNIUM 15:(Formaldehyde) Causes Cancer &
 Dermatitis, Poisonous, Skin Irritant

FD&C RED 40: Carcinogen & Causes Contact
 Dermatitis.

Cover Girl: Makeup

PARABENS: Allergenic

PROPELENE GLYCOL: Eye, Skin & Respiratory Irritant.

TRIETHANOLAMINE: Carcinogenic

Eye & Skin Irritant. TALC: Carcinogenic

Estee Lauder: Oil Free Makeup

TALC: Carcinogenic

DIETHANOLAMINE: Eye & Skin Irritant. Carcinogenic

TRIETHANOLAMINE: Carcinogenic; Eye & Skin Irritant.

WINDEX: Glass Cleaner

BUTYL CELLOSOLVE: Neurotoxin: Skin & eye irritant.
 Damages blood and body's ability to make blood.
 Damages Central nervous system, kidneys and liver.

ISOBUTANE: Neurotoxin

LYSOL: Disinfectant

DIOXIN: Carcinogenic, 500,000 Times More Deadly
 than DDT.

ETHYL ALCOHOL: Eye, Skin, Respiratory Tract Irritant.

Read The Labels:

'Oust' 'Bounce' 'Lysol' 'Johnson Baby Nite Time
 Lotion' 'Crest' '(old) Cascade' 'Pledge'

TIDE & CHEER: Detergent:

DETERGENT: Can cause temporary respiratory
 tract irritation. Symptoms include stinging,
 swelling, or redness.

SODIUM SILICATE: Can be corrosive. Can cause
 burns to the eyes and tissue damage to the skin, as
 well as cause burns to mouth, throat, and stomach
 if swallowed.

SODIUM SULFATE: Corrosive, Severe eye, skin,
 and respiratory irritant. can cause asthma attacks.

TRISODIUM NITRILOTRIACETATE: Carcinogenic.

WASHING SODA: Caustic. Can cause eye burns
 with potential injury on prolonged contact.

CLOROX:

SODIUM HYPOCHLORITE: Corrosive. Sensitizer:
 Can be Fatal if Swallowed. Eye, Skin, and
 Respiratory Irritant. Especially Hazardous for
 People with Respiratory Problems, Asthma, or
 Heart Conditions.

**CASCADE: AUTOMATIC DISHWASHING
 DETERGENT**

SODIUM HYPOCHLORITE: Corrosive: Severe eye,
 skin and respiratory system irritant. Especially
 hazardous to people with asthma or heart
 conditions.

SODIUM SILICATE: Corrosive. Can cause burns to
 the eyes and tissue damage to the skin, as well as
 burns to the mouth, throat, and stomach if
 swallowed.

FANTASTIC & FORMULA 409:

BUTYL CELLOSOLVE: Neurotoxin. Skin & eye
 irritant. Damages central nervous skin. Damages
 blood and body's ability to make blood. Damages
 kidneys and liver. Readily absorbed through the
 skin

Details on the above data is available in:

The Safe Shopper's Bible

Dr. Sammuel Epstein, M. D.
Macmillian, 1995

Is This Your Child's World

Dr. Doris Rapp, M.D. Macmillan, 1996

Toxic Deception

Dan Fagan & Marianne Lavelle
Common Courage Press, 1999

Environmental Health Newsletter.

Green Peace 1995

Health Wise is a Research Consortium of Doctors, Surgeons, Chiropractors, Pharmacists, Registered Nurses, Psychologists & Toxicologists.

Health Wise research focuses on Environmental Toxins and The benefits of using Natural approaches to Prevent Chronic Diseases.

"Health for Tomorrow" focuses on ways to use preventive measures to assure a healthy life and home health for individuals and families who want it. A very important part of these measures are understanding what is really in the things we use and come in contact with, especially in our homes and bodies.

The good news is that there are many products and natural resources out there that are not only safe for our family, but have great benefits, helpful to the environment, and are cheaper than most name brand products. It's really just deciding if you want to change the way you think, maybe even the way you shop. Instead of just buying what new on television, try actually reading a label.

For a Free Health Assessment and list of safe products please visit us by clicking the link at Health-For-Tomorrow.

-FREE HEALTH ASSESSMENT-